THE CENTER FOR LIFELONG LEARNING

1993 - CLL - 2020

ADVENTURES IN LEARNING CONTINUE
OUR 27TH YEAR AND 14,981 STUDENTS

WE INFORM
WE INSPIRE
WE EDUCATE
WE ENGAGE
WE CONTRIBUTE
WE ALL BENEFIT

WE ARE ALL VOLUNTEERS
AND PROUD OF IT!
AND PROUD OF OUR STUDENTS!

WE ARE UNIQUE!

CENTER FOR LIFELONG LEARNING
Sponsored by the Kinnelon Public Library
Daytime Educational Opportunities for Adults of All Ages
Spring 2020 --- February 24 — May 1

CLL was founded by a group of local citizens who believed that many men and women might welcome the opportunity for intellectual stimulation and the chance to enhance their knowledge in many subjects of their choice. Knowledgeable instructors who are authorities in their fields teach the classes.

MEMBERSHIP

We welcome adults of all ages and no special educational background is required. Active discussion and interaction in class will be encouraged. Your membership fee allows you to attend as many courses as you wish. Some courses have class size limits and some courses require additional book or material fees.

For complete information on registering, membership fees, course schedule and locations, see the section “Registering for CLL Courses”.

Over 14,900 students from Kinnelon and 20 surrounding communities have enjoyed their ‘Adventures in Learning’. Welcome to our 27th year and more Adventures in Learning!
DUPLICATE BRIDGE
For Experienced Bridge Players
With Renee Wolken and Peer Leaders: Lynn Borstlemann, Betty Frey and Len Stern
Wednesdays 9:15AM-1:00PM
Kiel Avenue Firehouse
Ten sessions starting Wednesday, February 26
No additional partnerships can be accepted this semester

For those of you who love to play duplicate bridge, here is a fun way for you and your partner to sharpen your skills and meet other enthusiastic players at the same time. Experienced bridge players will be available to answer questions and give pointers during the playing sessions. If you or your partner cannot attend a session, it will be your responsibility to get a substitute. Please note, a substitute must be a current member of CLL.

In order to set the play for a prompt 9:15AM start, participants should plan to arrive no later than 9:00AM. Once the play has been set, there will be no changes.

WEEK IN REVIEW
DOMESTIC & WORLD ISSUES
Ron Leavelsley
Fridays 1:00PM – 3:00PM
At the Library - Meeting Rooms 2-3
Ten sessions starting Friday, February 26
Participation limited to 35

It is all about discussion of current events in the U.S. and around the ever-changing world. Each week will be enlightening and different. Not only will we review and discuss the key events and issues of the week, but also there will be topics suggested for discussion the following week in addition to the current events. Join us in casual surroundings for stimulating give and take discussions. This is a great time to get involved, express your thoughts and have fun at the same time. Ron is a retired business executive actively involved in the CLL program.

MUSIC APPRECIATION
The Great American Songbook VIA Hollywood
Coordinator: Ken Stride
Fridays 10:00AM – 12:00PM
At the Library- Meeting Rooms 1-3
Ten sessions beginning Friday, February 28

The genius composers of the music that comprise The Great American Songbook release their iconic songs through musical comedy motion pictures so that they would reach mass audiences quickly. These motion pictures and the songs in the decades since their original release have become beloved classics. In this semester of Music Appreciation we will enjoy some of the very greatest of this genre.

<table>
<thead>
<tr>
<th>Date</th>
<th>Program</th>
<th>Introduced By</th>
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<tbody>
<tr>
<td>2/28</td>
<td>GEORGE and IRA GERSHWIN's &quot;FUNNY FACE&quot; - Fred Astaire and Audrey Hepburn.</td>
<td>Ken Stride</td>
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<tr>
<td>3/6</td>
<td>RODGERS and HART'S &quot;PAL JOEY&quot; - Frank Sinatra, Rita Hayworth, and Kim Novak.</td>
<td>Lori Frank</td>
</tr>
<tr>
<td>3/13</td>
<td>SCHWARTZ and DIETZ's &quot;The Band Wagon&quot; - Fred Astaire and Cyd Charisse</td>
<td>Bob Frank</td>
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<tr>
<td>3/27</td>
<td>COLE PORTER's &quot;SILK STOCKINGS&quot; - Fred Astaire and Cyd Charisse</td>
<td>Lydia Schmidt</td>
</tr>
<tr>
<td>4/3</td>
<td>LERNER and LOEWE'S &quot;BRIGADOON&quot; - Gene Kelly and Cyd Charisse</td>
<td>Muriel Braunstein</td>
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<tr>
<td>4/10</td>
<td>IRVING BERLIN's &quot;EASTER PARADE&quot; - Fred Astaire and Judy Garland</td>
<td>Ken Stride</td>
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<tr>
<td>4/17</td>
<td>COLE PORTER'S &quot;CAN CAN&quot; - Frank Sinatra, Maurice Chevalier, and Shirley MacLaine</td>
<td>Ken Stride</td>
</tr>
<tr>
<td>4/24</td>
<td>VAN HEUSEN and CAHN's &quot;ROBIN AND THE 7 HOODS&quot; - Frank Sinatra, Bing Crosby, Sammy Davis Jr.</td>
<td>Lois Wolfer</td>
</tr>
<tr>
<td>5/1</td>
<td>COLE PORTER'S &quot;LES GIRLS&quot; - Gene Kelly and Mitzi Gaynor</td>
<td>Ken Stride</td>
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EXERCISE PLUS AND HEALTHY BONES - BASIC

Exercise and Education Programs to help maintain healthy bones and helping in the management of Osteoporosis.

EXERCISE PLUS

For Those Ages 55 and Older

Coordinator: Kathy Oburg
Peer Leaders: Craig Brinster, Eileen Heacock and Patti Wolak
Monday and Thursday 9:30AM – 11AM Beginning February 24
At the Library - Meeting Room 1

Five new students will be accepted this semester on a 1st come, 1st serve basis

Exercise Plus is specifically for those who can dedicate 24 weeks to working on their balance, weight training and flexibility.

All participants are required to sign a CLL release form before participation in the class.

HEALTHY BONES - BASIC

For Women Ages 55 and Older

Coordinators: Marlys Huss and Bea Toohey
Peer Leaders: Peggy Maher, Jeanne Richards, Marion Hendy and Cathy Gustavsen
Monday 9:30AM – 11AM  Beginning February 24
At the Library - Meeting Room 3

No new students will be accepted this semester

Healthy Bones Basic is specifically for women who can dedicate 24 weeks to working on their balance, weight training and flexibility.

All participants are required to sign both CLL’s AND Norwescap’s release forms AND to have a Norwescap consent form completed by your physician before

HEALTHY BONES - EXPANDED

A Program for Older Men and Women

Instructors - Vivian and Anthony Calandriello
Thursday 9:30AM – 11AM
At the Library - Meeting Rooms 2-3
Sessions begin Thursday, February 27 and continue for 20-24 weeks

No new students will be accepted this semester

Project Healthy Bones (sponsored by Norwescap) is an osteoporosis and osteoporosis-related disability prevention exercise and educational program for older men and women.

The program consists of resistance exercise training with weight equipment and specific exercises designed to improve balance, strength and flexibility including exercises using program ankle and hand weights. For new students, there is an additional fee of $25.00 (payable to Norwescap) to cover the cost of weights and the program manual.

All participants are required to sign both CLL’s AND Norwescap’s release forms AND to have a Norwescap consent form completed by your physician before

TAI-CHI

Certified Instructors- Vivian and Anthony Calandriello
Program is open to men and women
Tuesday 9:30AM-10:30AM
Kiel Avenue Firehouse

Sessions begin Tuesday, February 25 and continue through May 5

The Tai-Chi program has the potential to reduce pain, stiffness and fatigue while improving balance, flexibility, mobility, physical function and muscle strength. Its agile steps and range of motion exercises are done in higher stances than those normally found in Tai-Chi making it easier and more comfortable to learn. Sun style Tai-Chi contains unique powerful Qigong that is especially effective for healing and relaxation.

No new students will be accepted this semester

All participants are required to sign both CLL release form AND the Tai-Chi Health release form before participation in the class.

Contact Us: Email - friends.cll@kinnelonlibrary.org or visit http://kinnelonlibrary.org/cll
A HODGEPODGE OF HITS
A SIGNIFICANT MIX OF CLASSIC FILMS
Coordinators: Muriel Braunstein with Ron Leavesley
Thursday 1:00PM - 4:00PM
At the Library Meeting Rooms 1-3
Ten Sessions Starting Thursday, February 27

TEN GREAT CLASSIC FILMS AWAIT YOU!
They may be a hodgepodge, but they are a magnificent and eclectic mix of classic films all of which are on a top ten list from a western, to mystery, to history, to musicals and to talented women performers. This should make every week interesting. Put these classics on your schedule, join us, sit back and enjoy the big screen. You can also, do your own research on every one of the classic films... It is easy!

<table>
<thead>
<tr>
<th>Date</th>
<th>The Event</th>
<th>Presenter</th>
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<tbody>
<tr>
<td>2/27</td>
<td>High Noon - 1952 Western With A Moral</td>
<td>Steve Sanchez</td>
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<tr>
<td>3/5</td>
<td>Rear Window - 1954 - Mystery - A Hitchcock Favorite</td>
<td>Jackie Hrina</td>
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<td>3/12</td>
<td>Singing In The Rain - 1952 - Musical</td>
<td>Jim LaCon te</td>
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<td>3/19</td>
<td>The Lion In Winter -1968 - History</td>
<td>Ilya Shragin</td>
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<tr>
<td>3/26</td>
<td>Phantom Of The Opera - 2011 - Musical</td>
<td>Ron Leavesley</td>
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<td>4/2</td>
<td>The Man Who Never Was - 1956 - Thriller About WII</td>
<td>Joe Tana</td>
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<td>4/9</td>
<td>All About Eve - 1954 - An Oscar Winner</td>
<td>Doris Katz</td>
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<tr>
<td>4/16</td>
<td>A Star Is Born - Biography And Musical - 1954</td>
<td>Linda Allen</td>
</tr>
<tr>
<td>4/23</td>
<td>China Town - 1974 - Politics, Crime And More</td>
<td>Muriel Braunstein</td>
</tr>
<tr>
<td>4/30</td>
<td>Maltese Falcon - 1941 - The Classic Detective Mystery</td>
<td>Ruth Spellman</td>
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</table>
OIL PAINTING
Coordinator Linda Farmer
Tuesdays 12:30PM-3:30PM
At the Library - Meeting Rooms 1-3
Ten sessions starting Tuesday, February 25
Participation limited to 35
Cost of supplies will be additional

Beginners, as well as experienced artists, will be able to start painting the first day of class. You will benefit from the individual attention and advice of Linda Farmer and she will encourage you to develop your talents. No previous experience is necessary. However, students will be expected to work independently and take initiatives.

A list of start-up supplies will be available at the Library after Monday, January 27

Linda Farmer is self taught and has supplemented and expanded her expertise with watercolors through artist workshops. In recent years, Linda has been able to nurture her lifelong interest in art. Her initial interest in oil painting has expanded to sculpture, drawing and watercolors.

CREATIVE SCULPTURE INFORMAL WORKSHOP
Coordinator Alison Chase
Mondays 9:30AM – 12:30PM
At the Library- Meeting Room 4
Ten sessions starting Monday, February 24
Current and new students are welcomed
Registration limited to 15
Additional fees will be charged for clay and firing.

This semester, the informal workshop continues for those interested in continuing their sculpture activities and improving their individual skills. Instructors may not be available on a regular basis. However, Alison Chase, and Ann Marie Durkin, will be available to provide guidance when their schedules permit.

Make clay come alive, at your pace. Sign up for our informal sculpture workshop. The opportunity to develop skills is available and the location is ideal. You can have fun and also meet other interested sculpture students.

Contact Us: Email - friends.cll@kinnelonlibrary.org or visit http://kinnelonlibrary.org/cll
WELCOME TO THE FUN OF WATERCOLORS
Coordinator: Amy Leonard
Wednesdays 9:30AM – 12:30PM
At the Library - Meeting Rooms 1-3
Ten sessions starting Wednesday, February 26
Participation limited to 35
Cost of supplies will be additional

Free and loose or tightly controlled. Wet into wet or detailed and dry brush. Which of these describes your approach to this popular medium? Each student is encouraged and expected to work independently and to take initiatives. However, individual help will also be provided as the class size permits.

Beginners are most welcome. Did it once, but feel rusty or unsure, or just need a specific time and place to paint? Come, try us! In addition, as a class participant you can use the extensive collection of “How to” and watercolor books in the Library.

Beginners should come to the first class with supplies and be prepared to paint. A list of start-up supplies will be available at the Library after Monday, January 27.

Amy Leonard, a Kinnelon resident, is an accomplished artist with a wide range of interests in subject matter in both watercolor and pen and ink. She has won numerous awards and has been featured in a number of juried shows.

VISIT THE CLL & FRIENDS WEBSITES!
Your source for updated information on CLL Semesters and other activities as well as Friends events.
Simply log onto www.kinnelonlibrary.org and click on the link for ‘CLL/Friends’ to check out these two websites!

AMBLING, RAMBLING AND SCRAMBLING … OH MY!
AMBLING ALONG
Coordinator: Mary Russo
Tuesdays at 9:00AM, Meet at the Boonton Ave Rec. Field
Eight Ambles starting Tuesday, March 31

Calling all Amblers! Spring Semester 2020 offers another program of stimulating walks through gardens and woodlands. We will explore places of interest and some old favorites.

Ambling Along is for those who enjoy being outdoors, but are not quite ready to join the more ambitious Ramblers or Scramblers. Walks may be more than 3-4 hours due to travel time. Experienced walkers who know our area and are familiar with many beautiful trails and gardens will lead all of the walks.

RAMBLING AND SCRAMBLING
Rambling Coordinator: David Wilding, Scrambling Coordinator: Mike Austin
Rambling Leaders: Paul Forgie, Hans Ruffler, Dennis Salata, Nora Wilding, and Dave & Naomi Sutter
Scrambling Leaders: Paul Makus, Bob Martie and Linda Schutz
Thursdays at 9AM, Meet at the Boonton Avenue Recreation Field
Eight Rambles … starting Thursday, April 2
Eight Scrambles … starting Thursday, April 2

We will continue to provide hikes to meet varying degrees of hiking interest and difficulty by featuring two groups. At the time of registration, you must select one of the following:
RAMBLERS … Will cover 4-6 miles at a moderate pace
SCRAMBLERS … Will cover 5-7 miles at a moderate to strenuous pace

All Amblers, Ramblers and Scramblers:
Please include your e-mail address on the registration form as well as your phone number. We will utilize e-mail for notification of schedule changes.

• Schedules, guidelines and descriptions of outings and release forms will be available at the Library after Monday, January 27 and emailed or snail mailed prior to the first class. This information will also be available at the first class.
• For the enjoyment of the entire group, please try not to make appointments for Tuesday / Thursday afternoons.
• All Participants will be required to sign a release form before participating.
A separate registration form must be completed by each participant along with a separate membership fee.

(PLEASE PRINT CLEARLY)

Date: __________________________

Mr.  Mrs.  Ms.  ___________  ___________  ___________

Title  Phone Number  __________________________

First Name  Initial  Last Name  __________________________  __________________________  __________________________

Address  City / State  Zip Code  __________________________  __________________________  __________________________

E-mail Address  __________________________

REGISTRATIONS ACCEPTED: THRU JANUARY 31 ONLY

Please Circle The Course(s) of Your Choice Below:

<table>
<thead>
<tr>
<th>American Passages</th>
<th>Healthy Bones – Expanded (NO New Students) (Meets on Thurs)</th>
<th>Tai-Chi (Meets on Tues) (NO New Students Accepted)</th>
</tr>
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<tbody>
<tr>
<td>Ambling Along</td>
<td>Music Appreciation</td>
<td>Tell Me Something</td>
</tr>
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<td>Duplicate Bridge</td>
<td>Oil Painting</td>
<td>Watercolors</td>
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<tr>
<td>Classical Films</td>
<td>Rambling Along</td>
<td>Week in Review</td>
</tr>
<tr>
<td>Exercise Plus (Meets on Mon &amp; Thurs) (FIVE New Students Accepted)</td>
<td>Scrambling Along</td>
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<tr>
<td>Healthy Bones – Basic (Meets on Mon) (No New Students Accepted)</td>
<td>Sculpture Workshop</td>
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Please make checks payable to: CLL / Kinnelon Public Library

<table>
<thead>
<tr>
<th>Kinnelon Residents: $40</th>
<th>Check</th>
<th>Cash</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-Kinnelon Residents: $50</td>
<td>Check</td>
<td>Cash</td>
</tr>
</tbody>
</table>

Mail / Drop off your registration form to the Kinnelon Public Library

132 Kinnelon Road, Kinnelon NJ 07405

REGISTER EARLY AND DON’T MISS OUT!

REGISTRATIONS MUST BE IN BY FRIDAY, JANUARY 31!

Contact Us: Email - friends.cll@kinnelonlibrary.org or visit http://kinnelonlibrary.org/cll
COURSE SCHEDULE
Spring Semester 2020
Begins Monday, February 24 ends Friday, May 1
In addition to the Library, CLL courses are held at other locations
Please check course locations below

<table>
<thead>
<tr>
<th>Date</th>
<th>COURSE LOCATIONS</th>
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<tr>
<td>(KF)</td>
<td>KVFC Kiel Ave Firehouse</td>
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<td>(LIB)</td>
<td>Kinnelon Library</td>
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<td>(B)</td>
<td>Boonton Ave Rec. Field</td>
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<table>
<thead>
<tr>
<th>Date</th>
<th>COURSE LOCATIONS</th>
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</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Tuesday</td>
</tr>
<tr>
<td>EXERCISE PLUS</td>
<td>AMBLING</td>
</tr>
<tr>
<td>9:30AM-11:00AM (LIB)</td>
<td>9:00AM (B)</td>
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<tr>
<td>SCULPTURE WORKSHOP</td>
<td>TAI-CHI</td>
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<tr>
<td>9:30AM-12:30PM (LIB)</td>
<td>9:00AM-10:30AM (KF)</td>
</tr>
<tr>
<td>HEALTHY BONES - BASIC</td>
<td>OIL PAINTING</td>
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<td>9:30AM-11:00AM (LIB)</td>
<td>12:30PM-3:30PM (LIB)</td>
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<thead>
<tr>
<th>Date</th>
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<tbody>
<tr>
<td>AMERICAN PASSAGES A LITERARY SURVEY</td>
<td>OIL PAINTING</td>
</tr>
<tr>
<td>1:00PM-4:00PM (LIB)</td>
<td>12:30PM-3:30PM (LIB)</td>
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<td>NEW</td>
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<tbody>
<tr>
<td>POST THIS SCHEDULE FOR REFERENCE</td>
<td>CHECK STARTING DATE AND TIME IN COURSE DESCRIPTION</td>
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Important: For those courses where advance information is provided, handouts will be available at the Library and on CLL’s website after Monday, January 27. See individual course descriptions for those courses affected.

All courses at the library will be held in the second floor meeting rooms as designated in the course description. Meeting rooms will also be posted.

Important: For your ready reference we recommend that you keep a copy of this schedule so that you can note course starting dates or other key information.

Contact Us: Email - friends.cll@kinnelonlibrary.org or visit http://kinnelonlibrary.org/cll

CENTER FOR LIFELONG LEARNING
Spring Semester 2020 - Registration Form

A separate registration form must be completed by each participant along with a separate membership fee.

(PLEASE PRINT CLEARLY)

<table>
<thead>
<tr>
<th>Date</th>
<th>Mr.</th>
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<th>Ms.</th>
<th>Area Code</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Date</td>
<td>First Name</td>
<td>Initial</td>
<td>Last Name</td>
<td>Address</td>
<td>City / State</td>
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<tr>
<td>Date</td>
<td>E-mail Address</td>
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REGISTRATIONS ACCEPTED: THROUGH JANUARY 31 ONLY

Please Circle The Course(s) of Your Choice Below:

American Passages | Healthy Bones – Expanded | Tai-Chi (Meets on Tues) | (NO New Students) (Meets on Thurs) |
| Ambling Along | Music Appreciation | Tell Me Something |
| Duplicate Bridge | Oil Painting | Watercolors |
| Classical Films | Rambling Along | Week in Review |
| Exercise Plus (Meets on Mon & Thurs) | (FIVE New Students Accepted) | Scrambling Along |
| Healthy Bones – Basic (Meets on Mon) | (No New Students Accepted) | Sculpture Workshop |
| Ramblers & Scramblers | |
| Healthy Bones – Basic (Meets on Mon) | |
| ’s (Meets on Thurs) | |
| Exercise Plus | |
| Healthy Bones – Basic (Meets on Mon) | |
| Exercise Plus | |
| Healthy Bones – Basic (Meets on Mon) | |

Please make checks payable to: CLL Kinnelon Public Library

Kinnelon Residents: $40 | Check | Cash | Mail / Drop off your registration form to the Kinnelon Public Library / CLL |
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